

## explorers' treats



### **VILLAGE** PEOPLE

Head for the Himalayas this summer and go trekking in style with Shakti Ladakh's seven-night Village Experience. Instead of sleeping in a hostel bunk bed after a day of hard hiking, travellers can stay in traditional village houses – they have been spruced up by Shakti but local families still live in them – promising an authentic experience. Days are spent negotiating remote areas of Ladakh's high altitude desert by foot or 4x4 vehicle; expect to be wowed by views of rugged mountains and twinkling turquoise lakes ([shaktihimalaya.com](http://shaktihimalaya.com)).

For hospitality closer to home check out the winners of this year's AA B&B Awards. Margaret Frost of Diggins Farm, Essex (01277 899303) has been nominated for the title of Landlady of the Year – she'll welcome you with homemade cakes. To see who has been awarded what, visit [aahospitalityawards.com](http://aahospitalityawards.com)